



Liability Waiver:

This is to notify you that Shams Gymnastics Club LLC (SGC), its affiliate sports facilities, coaches, judges and staff will NOT be held responsible for any sports related injury(s) to any participant during any and all scheduled trainings, lessons or special events. Sports are potentially injury prone activities; thus, parents and participants must be aware of the risks involved.

Policies & Procedures:

1. Parents are not permitted in the gymnasium during scheduled classes, except classes specified by SGC.
2. Students are NOT allowed on equipment without the supervision of SGC coaching staff.
3. Students will require physical assistance/contact by both male and female coaches in order to execute exercises safely.
4. All students should meet their bathroom needs BEFORE each class.
5. Under NO circumstances will any SGC staff accompany students into the bathroom.
6. All students are required to show up on time.
7. Hair must be neat and tied back at all times.
8. No jewelry is to be worn during training (watches, necklaces, earrings, etc.).
9. No eating or drinking is permitted on the gym floor.

Term Fees:

1. Fees must be paid to SGC in advance of your first class or during your child's first class.
2. A t-shirt is included in your fee (One t-shirt per year, not per term).

Refund Policy:

All payments are non- refundable.

Make-up Classes:

We do not offer make-up classes, as all the class are full.

Personal Belongings:

SGC and/or its staff will not be held responsible for loss or damage of any personal belongings.

Health Conditions and Considerations:



Does your child have any medical conditions SGC should be aware of? If yes, please notify SGC via email (info@shamsgymnastics.com) with your child's name and a description of the condition(s). SGC staff must be kept up to date of all potential health issues to keep students safe at all times.

In addition, a medical note from your child's physician must be submitted to SGC staff, verifying that your child has been cleared to participate in activities organized by SGC.

A Parent/Guardian Must Sign Below and Submit This Waiver Before the First Class

I (Parent/Guardian) certify that I my child is physically fit to participate in any and all sports/activities run by SGC and its partners. I also declare that my child has no health-related injuries/conditions (past and/or present) that may become a liability to his/her wellbeing during the participation of any classes, tournaments, special events, etc.

I accept the terms and conditions and understand that sports are potentially accident-prone activities, and will not hold SGC, its coaches, staff, patterns and affiliate locations liable any sport related injury(s) that my child may incur while participating in classes, competitions and/or special events. I have answered honestly to the above questions and take responsibility for my child during the scheduled activity/special event organized by SGC at any of its affiliate sports facilities and locations.

In addition, I understand that SGC and/or it coaches and staff will NOT be responsible for participants before or after lessons/classes or special events (Please arrange for prompt drop off and pick up for each class or event).

I further agree that photographs, video recordings, papers written, or interviews taken with my child in association with a SGC activity is the intellectual property of SGC and can be used by the activity directors, instructors or their designate for publicity or promotion without notification or compensation.

Signature: _____

Print Name: _____

Child's Name: _____

Date: _____